



Services & Training Programs

Critical Incident Stress Management Pre-education Workshop 2-3 hours + expenses

Course content: Teaches the emergency responder (EMS, Fire, Police, Nurse, Clergy, etc.), managers and supervisors what critical incident stress is, how it affects them and how to best manage it on a personal and departmental level, post traumatic stress disorder awareness and motivation for responder overall wellness.

- Video, lecture, handouts, summary
- 1:1 with any class attendees as needed/requested day of workshop
- 7-day follow-up with departmental Management Staff

Acute Traumatic Stress Management Workshop: 6-8 hours + expenses
(Up to 15 students, each additional at \$50 each)

Course content: Training for the individual emergency responders (EMT, Fire, Police, Nurse, Clergy, etc.) to better manage their own stress during a crisis, how to better manage their patients stress levels during their crisis event and death notification training. How to keep your staff functioning at their best during periods of crisis.

- Certification course for Acute Traumatic Stress Management
- Video, lecture, handouts, role-playing, summary
- Certificates of Completion provided
- 7-day follow-up with departmental Management Staff



Line of Duty Death/Serious Injury pre-planning seminar: 8-10 hours + expenses
(Up to 15 students, each additional at \$50 each)

Course content: Basics of how to assemble an in-house line of duty death response plan, proper death notification training and the management of the issues of this type of event. A must for any department leader, Chief or officer to attend.

- Video, lecture, role play, handouts, summary
- Outline of Line of Duty Death manual
- Emergency Contact Form template
- Certificates of Completion provided
- 1:1 with any class attendees as needed/requested day of workshop

Fees:

- Hourly rate: \$150
- Preliminary Consult \$250 – up to two hours + expenses
- Day rate (1 instructor): \$950 – up to 8 hours + expenses

Line of Duty Death/Serious Injury Pre-plan Program & Design 15-20 hours + expenses

Course content: Same as above with the addition of the writing of the plan, editorial review and consulting services for the event.

- Video, lecture, role play, handouts, summary
- Draft program design review
- Final program delivery
- Post program follow-up as needed

Existing Line of Duty Death Pre-plan review/consultation 3-4 hours + expenses

Review of existing plan(s) and present recommended additions and amendments to bring your plan up to date to become more inclusive for an improved overall response.

- Review meeting with current line officers
- Assessment of existing pre-plan
- Written evaluation including suggestions and additions
- Suggest updated pre-plan implementation strategies

Terrorism Awareness for the CISM Team & Emergency Responder 8 hours + expenses

Course Content: Essential awareness levels on the backgrounds, reasons why and methodology of terrorism, weapons of mass destruction events, the mental health impact from them and how to begin to prepare for such an event. This program is aimed at all emergency responders, clergy, hospital staff, mental health professionals and community leaders.

- 2 instructors
- Video
- Lecture
- Student handout
- Discussions
- Summary
- Certificates of Completion provided

Fees:

- Hourly rate: \$150
- Preliminary Consult \$250 – up to two hours + expenses
- Day rate (1 instructor): \$950 – up to 8 hours + expenses



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Basic CISM Workshop: 12 hours + expenses
 \$145 per student (*Minimum of 15 students*)

Course content: Required training for any emergency services department to complete to begin assembling and implanting a CISM response plan.

- 2 instructors required
- Video, lecture, role-playing, handouts
- Summary
- Certificates of Completion provided
- Follow-up as needed

Advanced CISM Workshop 12 hours + expenses
 \$155 per student (*Minimum of 15 students*)

Course content:

- *Completion of Basic CISM is strongly recommended prior to completing the Advanced class*
- Quick Review of CISM basics, introduce new basic concepts
- Introduction of advanced techniques and strategies
- CISM response strategies and techniques to terrorism/mass causality event
- Enhance intervention and listening skills
- Improve 'role' modeling
- Practical skills enhancement via mock debriefings and defusings
- Improving CISM Team functionality and wellness
- Certificates of Completion provided
- Follow-up as needed

CISM Team Installation, Operations of and Management 15-30 hours + expenses

Project content: Working with the individual emergency services departments, Mental Health Agencies and hospitals to develop an in-house CISM response plan, establish CISM resources and a pre-education program.

- Establishing a CISM Team
- Reviewing minimal requirements
- Setting up and providing required training
- *Refresher training for existing teams (4-8 hours)*
- Creation of Standard Operating Procedures and Guidelines
- Care and 'feeding' of team
- Marketing and communications assistance, on-going consultation

Fees:

- **Hourly rate:** \$150
- **Preliminary Consult** \$250 – up to two hours + expenses
- **Day rate (1 instructor):** \$950 – up to 8 hours + expenses